



## Chesapeake Currents

### Volume I, Issue 3

As the Captain on our cruise ship used to say during his morning announcements, "It's me again!" And I am here to tell you that **"Yes, you can, yes you can have a better death!"** Yes, you can have a death free of confusion, anxiety and indecision for you and your family, especially if you believe that you will suffer with dementia the last few years of your life. I have paid a lot of attention to this subject over the past few months that culminated in my latest health care guidelines: ***My Story, My Way: Designing the Final Chapter***. I am not the only one writing about this now.



In this third issue of Chesapeake Legal Counsel's e-newsletter, ***Chesapeake Currents***, we start with a copy of ***My Story, My Way: Designing the Final Chapter***. We then take an in-depth look via the American Academy of Estate Planning Attorneys at **Death Discussion Movements** happening across the world, followed by a cautionary word from the New York Times on **Alzheimer's planning**. To conclude, we lighten things up a bit with some culture news (also from NYT) and a nod to one of America's greatest composers, **Leonard Bernstein**.

As always, if you, your friends or family have any questions, we would be happy to hear from you; we sincerely appreciate your business and your referrals. ***And we hope you had a very happy Independence Day!***

Regards,  
John F. Robbert

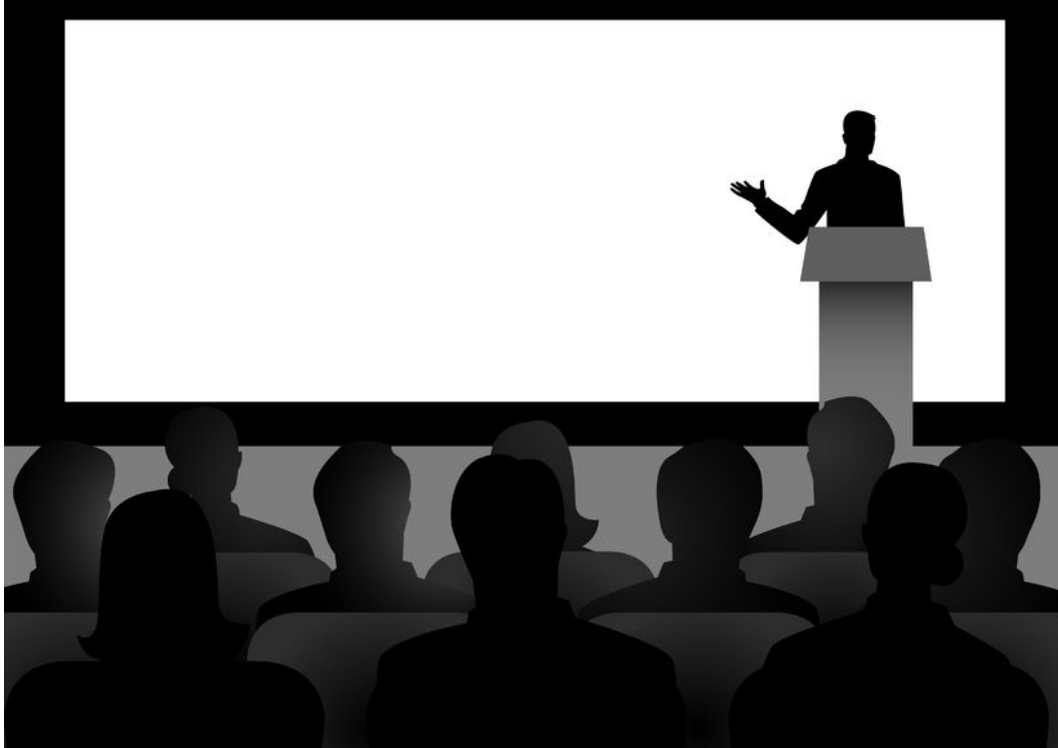
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### **My Story, My Way: Designing the Final Chapter**

When my father died I asked the doctor what was the cause of death. He said it was from ODTAA. Not being familiar with that, I asked if it was some type of weird condition or disease. No the doctor said, it means "One Damn Thing After Another."

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### **A Short History of Death Discussion Movements - American ...**

Estate planning attorneys recognize that most people are not eager to discuss end-of-life issues. The remarkable worldwide rise of death discussion movements over the past decade can help get the conversation started. Here's an overview of the...

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[www.aaepa.com](http://www.aaepa.com)



### **Alzheimer's? Your Paperwork May Not Be in Order**

I had hoped that by now most adults in this country would have completed an advance directive for medical care and assigned someone they trusted to represent their wishes if and when they are unable to speak for themselves.

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[www.nytimes.com](http://www.nytimes.com)



## Wait, Leonard Bernstein Wrote a 'Peter Pan' Musical?

As a child, the director Christopher Alden was obsessed with the musical "Peter Pan." "My twin brother, David, and I begged our parents to let us audition to play the roles of the twins," Mr. Alden recalled recently. "They wouldn't let us do it." ...

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