## **Chesapeake Currents**

Volume 4, Issue 08 January 20, 2022

Dear Friends,

Even if it was spent quietly at home, we had a delightful time ringing in the New Year, and hope you did too. That brings up the first of two blog posts I'd like to share with you today: *Reaching your new year's resolution of being more active!* It's a quick read, and a rewarding one. After that is an interesting update on the legality of *"Granny Cams"* in nursing homes or assisted living centers.

Next, some of you might recall **Alyson Agee** who worked with us in the Ocean View office last year. We're delighted to report that after leaving to have her baby (a beautiful little boy!) over the summer, she has returned. Also joining the Ocean View office as a legal assistant is **Brittlie Agostino**. Brittlie received a Masters in Clinical Mental Health Counseling from Walden University and a Bachelors of Science in Psychology from Towson University. She has a solid background as she enters the legal community, and assists with Estate clients, scheduling, filing, phones, and general administrative tasks.

Finally, if you look through the adjacent Important Dates, you might notice we've included the FREE **Health-Fitness Leisure Expo** on March 12th & 13th in Lewes, Delaware. Not just do we feel it's a valuable resource for you, but we're going to be there with our very own CLC booth! There's more info in the link below.

As always, if you, your friends or family have any questions, we would be happy to hear from you; we sincerely appreciate your business and your referrals.

Regards, John F. Robbert

> www.chesapeakelegalcounsel.com 410-266-1625 Annapolis 302-537-4559 Ocean View

## **Important Dates:**

Monday, February 14 Valentine's Day

Monday, February 21
President's Day

Tuesday, March 1
Mardi Gras

Saturday, March 12
Health-Fitness &
Leisure Expo

Sunday, March 13 Health-Fitness & Leisure Expo

Sunday, March 13
Daylight Savings Time Starts

Saturday, March 17 St. Patrick's Day

### **Anytime**

Need to update your documents? Have a question? Please call us anytime to schedule an appointment!



John F. Robbert Founder, Chesapeake Legal Counsel Admitted in Delaware, Maryland, & Louisiana



Robert Wolfgang, Jr. Admitted in Maryland







## Reach Your New Year's Resolution of Being More Active

It's a new year, with new New Year's resolutions. The statistics around New Year's resolutions are a bit depressing - only about 44% of U.S. adults make resolutions. Of those, nearly half are broken in the first month. But if you look at why...

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### **Granny Cams: What's the law?**

When your loved one enters a nursing home or assisted living center, you expect them to be safe. You expect them to get the care they need in a peaceful environment. But do you ever wonder what happens when you aren't there? Do you wonder if...

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### Delaware Resorts Expos is pleased to present the...

Sunday, (March 13) 10am to 3pm Healthy breakfast and lunch served each day by BOUNTIFUL BOWLS (credit cards accepted for food) About the HEALTH-FITNESS & LEISURE Expo . . . Following the success of the 2019 and 2020 Health-Fitness & Leisure Expos ...

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And, finally, here is a link to our Yelp page: https://www.yelp.com/biz/chesapeake-legal-counsel-ocean-view